

# OUR FAMILY COAT OF ARMS

## Citywise Family Activity

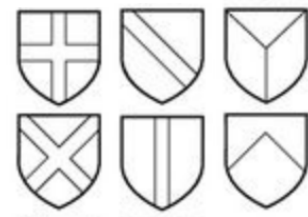
What are some things that are important to you as a family?

Hundreds of years ago, families created coats of arms to represent their family. A coat of arms is a shield with symbols. It represents the family and what makes the family unique.

### Step 1:

Talk about what you could put in your coat of arms. Think about:

- What is your favourite thing about your family?
- What do your family members have in common?
- What does your family like to do together?
- What is important to your family?



### Step 2:

Create the coat of arms.

You can separate it into several sections.

Here are some ideas for what you can draw in the sections:

Write the capital letter or letters of your last names in fancy writing. You can also list the members of the family.

Draw different family activities that you do together.

Draw your pets or draw an animal to represent your family.

For example:

- Bear or dragon = protecting
- Fox = clever
- Bee = hard working
- Lion or unicorn = brave

Draw some other symbols to represent your family. For example:

- Heart = love
- Star = excellence
- Castle = safety
- Crown = strength

Colour in the background. Think about what the colours mean.

For example:

- Yellow = generous and happy
- White or grey = peaceful
- Blue = honest and caring
- Green = hopeful and happy

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