



## Animal strengths

Look at the animal strength cards on the next two pages. Feel free to add a few ones of your own, then cut them out.

Which of them are most like you? Use the below questions to think about your strengths.

**Which words describe you?**

**When is a time you used this strength?**

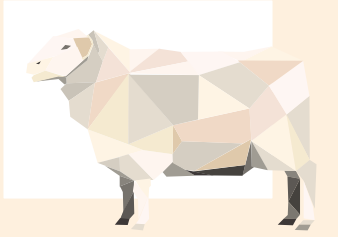
**Which card would your good friend say is like you?**

**Which card would your parent or carer say is like you?**

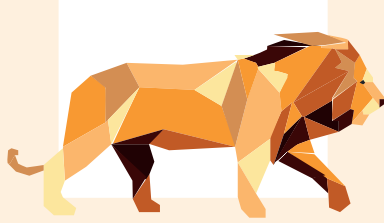
**Move the cards around to have a line with cards that are like you on one side and not like you on the other.**

**Which card would you like to become?**

**Trusting**



**Brave**



**Quiet**



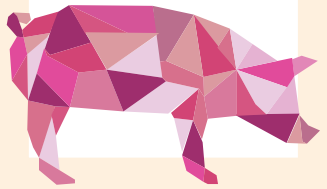
**Resilient**



**Determined**



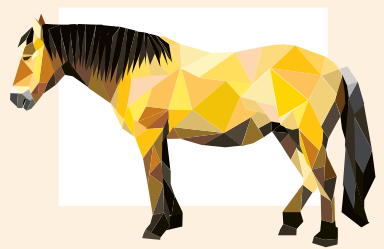
**Smart**



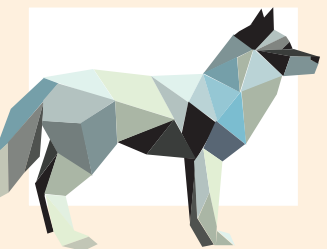
**Careful**



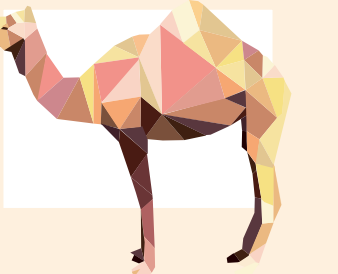
**Loyal**



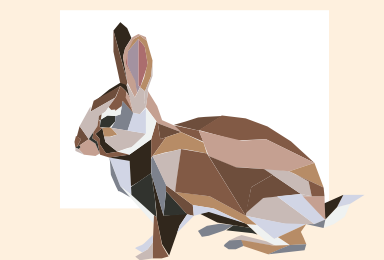
**Powerful**



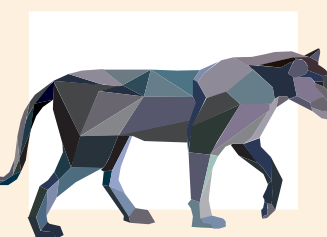
**Generous**



**Gentle**

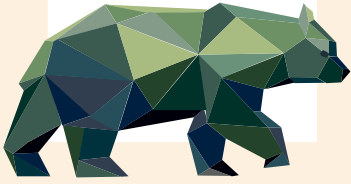


**Focused**





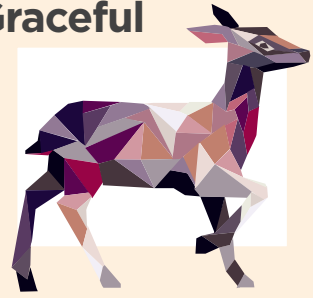
**Protective**



**Independent**



**Graceful**



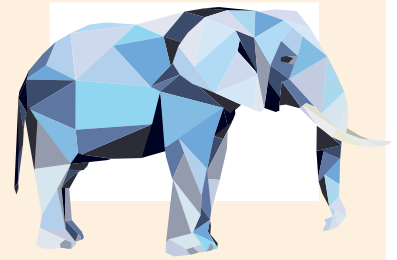
**Trustworthy**



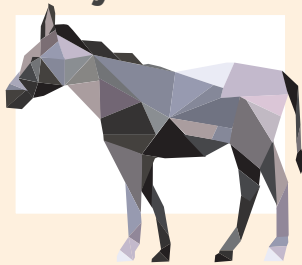
**Wise**



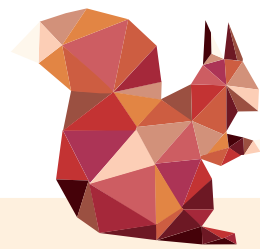
**Kind**



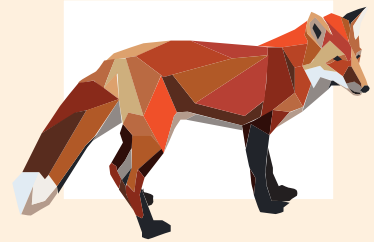
**Steady**



**Resourceful**



**Clever**



**Fun**



**Strong**



**Unique**



